



Continuing Activities:

**Choir Practice**  
Wed 8:30am

**Play & Learn**  
Thurs 10:00am

**Dec 12<sup>th</sup>**  
Kendall Winter Program 10:00am

**Dec 13<sup>th</sup>**  
Kendall Choir Community Caroling  
12:45-1:15pm

**Dec 13<sup>th</sup>**  
Mt Baker School Board meeting 6:00pm  
(Choir performing)

**Dec 14<sup>th</sup>**  
Pacific Science Center at Kendall

**Dec 18<sup>th</sup>**  
\*Early Release \*  
1:00pm  
**\*Please contact our office first thing in the morning if your student has a change in afternoon plans!**

**Dec 19<sup>th</sup> -Jan 1<sup>st</sup>**  
No School Winter Break

**Jan 2<sup>nd</sup>**  
Welcome Back!

## School Board Meeting

The Mt. Baker School Board will be meeting at Kendall Elementary on Thursday, December 13 at 6:00pm. Parents and students are invited to attend and see their school board in action!

## Kendall Winter Program

Family and friends of Kendall students are invited to attend our Winter Program on Wednesday, December 12, 10:00-11:00am.

Here are some dates to remember as we get ready for our program and other choir activities:

- Wed, Dec 12, 8:30am  
Dress Rehearsal. Choir students MUST be present to be in the concert!

- Thurs, Dec 13, 12:45pm  
Meet in office for community caroling (kids need to dress warmly)

- Thurs, Dec 13, 5:45pm  
Meet in music room to prepare and sing for Mt. Baker School board meeting.

## Thank You from Girls on the Run!

Thank you to all who supported our Girls on the Run bake sale! With your help, we raised \$145.79 for the Whatcom Humane Society, which was the charity our runners chose.

## Opportunities for Small Groups –School Counselor, Jane Beckel

Part of the Kendall school counseling program involves group work with students. Groups run once/week, 30 minutes in length for 7-8 weeks. I will be finishing my first round of groups soon *and will be putting together another set of groups to begin after Winter break.* Many of the groups reinforce PATHS (our social emotional curriculum) teachings. Here are some groups I can run based on student needs:

- **Friendship:** For students who could use some additional skills in how to make and keep friends
- **School success:** For students who could benefit from practicing good listening skills, work completion. This can include students who have *test anxiety.*
- **Worry/Anxiety management:** Provides tools for students who have challenges with worry/anxiety.
- **Coping skills:** For students who become angry or stressed easily and need help managing challenges in a positive manner
- **Changing Families:** For students experiencing family separation, divorce, incarceration, or death

Please contact me if you have questions, or if you want me to include your child(ren) in a group.

Thank you, Jane Beckel (360) 383-2055

[jbeckel@mtbaker.wednet.edu](mailto:jbeckel@mtbaker.wednet.edu)

## PTA Cookie Exchange

It is that time of year again! The PTA is putting on a cookie exchange for the staff at Kendall. Do you have a favorite holiday treat that you would like to share? Cookies and or treats may be dropped off at school Wednesday December 12<sup>th</sup> before the Winter Program, which begins at 10am.

*\*You do not need to be a PTA member to bring holiday treats for staff.*



## Kendall Admin (360) 383-2055

Principal  
Susan Gribble  
sgribble@mtbaker.wednet.edu

Secretaries  
Justina Grimes  
Karen Brown

kendallsec@mtbaker.wednet.edu

## Kendall PTA Board Officers

Co-Presidents:  
Melissa First, Jennie Ablondi

Co-Vice President:  
Sasha Lewis, Victoria Anderson

Co-Treasurers:  
Nikki Brown, Celia Gonzales

Co-Secretaries:  
Christine Lopresti, Tiffany Jordan

## PTA Highlights

Remember to bring in your box tops!

### Join our PTA

Membership perks include: Discounts to Great Wolf Lodge, events at Angel of the Winds arena in Everett, Pacific NE Ballet's The Nutcracker, Events at Key Arena/McCaw Hall and Tacoma Dome. Paid membership form is the entry for a chance of winning a \$10 gift certificate to Mt. Baker Café. Memberships: \$11/Single, \$21/Double, \$8/ MBSD staff.

The next PTA meeting is scheduled for Monday, January 28, 6:30pm

## Pacific Science Center

On Friday, December 14<sup>th</sup> the Pacific Science Center is spending the day at Kendall with an all-school assembly in the morning and workshops in classrooms throughout the day. We need a couple more parents to volunteer in the library for the hands-on exhibits. The AM shift is 8:50-12:15. PM shift is noon-4:00pm. Each shift worked gets you 2 passes to the Pacific Science Center in Seattle. If interested, please email: Kendallpta2015@gmail.com.

*\*You do not need to be a PTA member to volunteer.*

## Blue Skies for Children Winter Warm Up

Blue Skies for Children's Winter Warm Up program is now distributing new and gently used coats, hats, gloves, scarves and blankets for children ages 6-18 who are homeless, low-income or in foster care. Blue Skies may provide items for up to five children per family. This program will be available through Dec. 20<sup>th</sup> and is by appointment ONLY. If your child is eligible for free or reduced lunch, please call to schedule an appointment at 360.756.6710.

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## Cooking With Common Threads

Classes will enjoy monthly cooking lessons through March 12<sup>th</sup>. Starting in December and into mid-January, students will prepare and taste fresh applesauce with apples harvested from local farms. We will explore a variety of spices including cinnamon, ginger, cardamom and nutmeg. Students will bring the recipe home: Look for it! If you're interested in getting involved, please contact: Jess@commonthreadsfarm.org. For more information please visit [www.commonthreadsfarm.org](http://www.commonthreadsfarm.org)



The poster features a QR code with a 'Scan me' button, the title 'East County Food Landscape Survey', and the 'Whatcom County HEALTH Department' logo. It lists survey topics: 'Food access & availability', 'Shopping preferences', and 'Possible new grocery in East County'. It includes multilingual links for participation and a contact email for questions.

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